740 South Main St., Gibsonburg, OH 43431 Phone: 419-637-2873 Fax: 419-637-2046

Meet manager: Richard Morgan email: rmorgan55@gmail.com

Welcome to the 15th annual Gibsonburg Invitational. Here are some things you might want to know.

Teams: There are 15 teams: Danbury, Elmwood, Gibsonburg, Lake, Lakota, Maumee Valley CD, North

Baltimore, Northwood, Ottawa Hills, Rossford, SJCC, Swanton, Toledo Christian, Van Buren,

and Woodmore.

Scratches: Please check the program. Make sure all your names, times, and distances are shown cor-

rectly. If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. We will, however, accept changes throughout the

meet if injury requires it.

Meeting: There will be a short coaches' meeting at 4:15 in the garage by the pole vault pit.

Sprints: There are no prelims. All events 400m and below were seeded into multiple final heats, from

slowest to fastest. However, anyone can score from any heat.

Field Events: Each contestant will get 4 attempts. Flights will be seeded so the best entries are in the final flight.

Please use your own implements. Make sure you have them weighed in the garage by the pole

vault.

Relays: As there will be no relay cards, please report changes in runners to the press box, just like any

other event. Please use your own batons.

Zones: We are asking that coaches help judge exchange zones during the relays. Please report to the ex-

change zone assigned. Flags will be provided.

400 m relay zone 1: Ottawa Hills, Elmwood, Toledo Christian,

400 m relay zone 2: MVCD, Swanton, Woodmore

400 m relay zone 3: North Baltimore, Northwood, SJCC

800 m relay zone: Rossford, Gibsonburg, Lake, Danbury, Lakota

Heights: We will use these starting heights: Girls HJ 4'2", Boys HJ 5'2", Girls PV 6'6", Boys PV 9'

Scoring: We will score 8 places.

Awards: There will be team trophies for champion and runner-up for each gender. Individually, plaques

will be given for 1st through 3rd places, with medals for 4th through 6th.

Goodies: There is a hospitality room for all coaches in the garage by the pole vault. Feel free to grab some-

thing to eat and drink.

Markings: Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to

mark relay zones. Use of chalk, or tape, is prohibited on the long jump runway. Markers will be

provided if needed.

Results: Results will be posted on baumspage throughout the meet.

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Field events

4:30 PM Girls Pole Vault

Boys High Jump

Girls Long Jump (4 attempts, no finals) Girls Shot put (4 attempts, no finals) Boys Discus (4 attempts, no finals)

Remaining field events will be run upon completion of the others.

Use your own implements. We will weigh them in the garage near the pole vault area.

Running events

5:15 PM Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 100 M Dash

Boys 100 M Dash

Girls 4 X 200 M Relay

Boys 4 X 200 M Relay

Girls 1600 M Run

Boys 1600 M Run

Girls 4 X 100 M Relay

Boys 4 X 100 M Relay

Girls 400 M Dash

Boys 400 M Dash

Girls 300 M Hurdles

Boys 300 M Hurdles

Girls 800 M Run

Boys 800 M Run

Girls 200 M Dash

Boys 200 M Dash

Girls 3200 M Run

Boys 3200 M Run

Girls 1600 M Relay

Boys 1600 M Relay